

# ST. IVES INFANT SCHOOL MENU – AUTUMN TERM 2017

V=Vegetarian. Water provided. All meals served with fresh bread and salad. Meat & veg from local suppliers. Main dishes and puddings are homemade. Any bought in food is very high in meat or fish content eg fish fingers. We do not use salt in our cooking and only use cocoa, not chocolate. Meals may be subject to change at times due to availability and special offers.

Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
04:09:17	Bacon & tomato pasta	Crunchy topped cottage pie	Roast turkey	Cod fish fingers	Butchers sausages
25:09:17	Med veg & mozzarella pasta bake (V)	Quorn cottage pie	Quorn slices(V) Gravy	Vegetable fingers (V)	Vegetarian sausage rolls (V)
16:09:17	Garlic bread slices Mixed salad	Spring greens Swede Crusty white bread	Crispy roast potatoes Stuffing Roast parsnips	Baked beans Chips Garden peas	Mashed potato Carrots & green beans
13:11:17	Broccoli & carrots Mixed salad	Tomato salad	Cauliflower & broccoli Cheese bake Bread	Brown bread Coleslaw	Crusty bread
04:12:17	Hot citrus pudding Fresh fruit Yoghurt	Treacle sponge & custard Fruit salad Jelly Yoghurt	Rhubarb cheesecake Fresh fruit Yoghurt	Granada bars Jelly Yoghurts Fruit salad/Fresh fruit	Butterscotch tart Jelly Yoghurts Fresh fruit
11:09:17	Creamy chicken pasta	Pulled pork sliders	Roast beef & Yorkshire pudding	Salmon fish cakes	Margarita pizza
02:10:17	Macaroni cheese (V)	Vegetarian frittata	Quorn sausages (V)	Veg filo tartlets (V)	Vegetarian sausage rolls (V)
30:10:17	Sweetcorn & broccoli Cucumber salad Garlic bread	Potato wedges Green beans & carrots Coleslaw	Roast root veg Cabbage Gravy White bread	Chips Peas/baked beans Tomato & carrot salad White bread	New potatoes Sweetcorn Broccoli Red coleslaw
20:11:17	Caramel cupcakes Fresh fruit Jelly Yoghurt	Apple & cinnamon tray bake Jelly Fresh fruit Yoghurt	Autumn fruit crumble & custard Fruit Salad/Fresh fruit Yoghurt Jelly	Raspberry bars Jelly Fresh fruit Yoghurt	Chocolate puddle pudding Jelly Fresh fruit Yoghurt
11:12:17					
18:09:17	Pasta bolgnese	Best beef stew	Roast pork/gammon Quorn sausages (V)	Cod in batter	Lemon, honey & sesame chicken
09:10:17	Jacket potato & cheese (V) Garlic bread slices	Vegetable curry & rice (V)	Crispy roast potatoes Cauliflower cheese Cabbage & carrots	Vegi nuggets(V) Chips Peas/beans	Veg stir fry (V) Noodles
06:11:17	Green beans Carrots Mixed salad	Broccoli/peas Green salad Crusty white bread	Gravy & stuffing Brown bread Rhubarb cheesecake or crumble	Coleslaw White bread Strawberry shortcake	Mixed vegetables Beansprout salad Bread
27:11:17	Fruity energy bars Fruit salad/fresh fruit Jelly Yoghurt	Chocolate brownies Fresh fruit Yoghurt Jelly	Fresh fruit Yoghurt Jelly	Jelly Yoghurt Fresh fruit	Oaty cookies Jelly & fruit salad Yoghurt Fresh fruit
18:12:17					

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