

ST. IVES INFANT SCHOOL MENU – SUMMER TERM 2017

V=Vegetarian. Water provided. All meals served with fresh bread and salad. Meat & veg from local suppliers. Main dishes and puddings are homemade. Any bought in food is very high in meat or fish content eg fish fingers. We do not use salt in our cooking and only use cocoa, not chocolate

Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
24/04/2017	Tuna pasta bake	Etherington' pure beef burgers	Roast chicken	Herby baked pollack	Pepperoni pizza
15/05/2017	Med vegetarian pasta bake & cheese (V)	Vegetarian burgers in baps	Quorn slices(V) Gravy	Vegetarian sausage rolls (V)	Margherita pizza (V)
12/06/2017	Sweetcorn Broccoli	Oven baked potato wedges Peas/carrots	Crispy roast potatoes Stuffing	Beans/peas Chips	Potato wedges/tomato pasta
03/07/2017	Garlic bread Salad	Coleslaw	Mashed swede Spring greens	Coleslaw Sliced bread	Green beans Mixed salad
24/07/2017	Vanilla cupcakes Fresh fruit Yoghurt	Fresh fruit salad & ice-cream Oaty cookies Jelly Yoghurt	Sticky toffee pudding Fresh fruit Yoghurt	Carrot cake Jelly Yoghurts Fresh fruit	Lemon drizzle cake Jelly Yoghurts Fresh fruit
01/05/2017	Spaghetti bolognese	Toad in the hole (Etheringtons own sausages)	Roast gammon	Salmon fish fingers	Crispy chicken
22/05/2017	Quorn bolognese (V)		Vegetarian loaf (V)	Vegetarian fingers (V)	Vegetarian nuggets (V)
19/06/2017	Green salad Carrots/green beans Garlic bread	Quorn sausages in the hole Onion gravy	Cauliflower & leek cheese bake Roast root veg Crispy roast potatoes Stuffing & gravy	Chips Peas/beans Coleslaw Bread	Baby new potatoes Sweetcorn/broccoli Tomato salad Cheesy bread
10/07/2017	Chocolate brownies Fresh fruit Jelly Yoghurt	Creamy mashed potatoes Cabbage & swede Eton mess Jelly Fresh fruit Yoghurt	Rhubarb & strawberry crumble & ice-cream Fresh fruit Yoghurt Jelly	Ice-cream Jelly Fresh fruit Yoghurt	Fruity flapjacks Jelly Fresh fruit Yoghurt
08/05/2017	Bacon carbonara	Sticky chicken	Roast pork or lamb	Battered cod	BBQ chicken or pork
05/06/2017	Veg grills & pasta (V)	Vegetarian frittata (V)	Quorn sausages (V)	Spinach & feta filo tarts (V)	BBQ quorn (V)
26/06/2017	Cheesy garlic bread Carrots & peas Cucumber salad	Fluffy rice Sweetcorn Stir fry vegetables	Crispy roast potatoes Cheesy broccoli bake Savoy cabbage Carrots Gravy & stuffing	Chips Peas/beans Tomato salad Brown bread	Egg noodles Stir fry vegetables Beansprouts Salad Flat bread
17/07/2017	Banana bread Fresh fruit Jelly Yoghurt	Chocolate cookies Fresh fruit Yoghurt Jelly	Summer fruit tarts Fresh fruit Yoghurt Jelly	Viennese whirls Jelly Yoghurt Fresh fruit	Sultana & cinnamon buns Jelly & fruit salad Yoghurt Fresh fruit

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