

ST. IVES INFANT SCHOOL MENU – SPRING TERM 2018

V=Vegetarian. Water provided. All meals served with fresh bread and salad. Meat & veg from local suppliers. Main dishes and puddings are homemade. Any bought in food is very high in meat or fish content eg fish fingers. We do not use salt in our cooking and only use cocoa, not chocolate. Meals may be subject to change at times due to availability and special offers.

| Week | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------|---|---|---|---|---|
| 19:02:18 | Pasta Day '5 a day' bolognese | Children's favourites 'Healthy' Hotdogs (Etheringtons' sausages) | Roast Day Roast chicken | 'Around the World Day' Pork chow mein or baked chicken risotto | Chip Day Cod in batter |
| 12:03:18 | Pasta shapes (V) | Veg dogs (V) | Quorn sausages(V) Gravy | Quorn chow mein (V) | Vegetable frittata (V) |
| 16:04:18 | Garlic bread Green salad | Sweet potato wedges Tomato ketchup | Crispy roast potatoes Stuffing | Cucumber & bean sprout salad | Chips Peas/ Beans |
| 07:05:18 | Broccoli & carrots Jacket potatoes with tuna mayonnaise | Sweetcorn & broccoli Coleslaw | Yorkshire pudding Roast root veg Cauliflower & carrots | Mixed veg | Coleslaw Bread |
| 04:06:18 | Chocolate cake Fresh fruit Yoghurt | Vanilla cupcakes Fresh fruit Jelly Ice-cream | Black forest roulade Fresh fruit Yoghurt Jelly | Cherry & apricot flapjacks Jelly Yoghurt Fresh fruit | Eton Mess Jelly Yoghurt Fresh fruit |
| 25:06:18 | | | | | |
| 16:07:18 | | | | | |
| 26:02:18 | Mac & cheese with leek & bacon | Pepperoni pizza | Roast lamb & mint sauce | Beef tacos | Cod fish fingers |
| 19:03:18 | Vegetable stacks with mozzarella (V) | Margherita pizza or quorn nuggets (V) | Quorn slices (V) | Hummous & grated carrot wraps & homemade tomato soup (V) | Vegetarian sausage rolls (V) |
| 23:04:18 | Garlic bread Tomato salad Mixed veg | New potatoes Spring greens & carrots Green salad | Crispy roast potatoes Golden parsnips Savoy cabbage Swede & carrot mash Gravy | Mexican rice Sweetcorn & broccoli Tomato & carrot salad White bread | Chips Peas/Beans Coleslaw Bread Tomato ketchup |
| 14:05:18 | | Chocolate brownies with berries Jelly Fresh fruit Yoghurt | Sticky toffee pudding Fresh fruit Yoghurt Jelly | Frozen fruit yoghurt Oaty biscuits Jelly/Fresh fruit/Yoghurt | Carrot cake Jelly/Fresh fruit Yoghurt |
| 11:06:18 | Lemon & blueberry muffins Fruit salad/ Jelly Yoghurt | | | | |
| 02:07:18 | | | | | |
| 23:07:18 | | | | | |
| 05:03:18 | Beef lasagne | 100% Beef burgers or oven 'fried' chicken | Roast gammon ham Quorn sausage roll (V) | Mild creamy chicken korma | Fish shapes |
| 26:03:18 | Veg lasagne (V) Jacket potato wedges Garlic bread | Vegi burgers (V) | Crispy roast potatoes Cauliflower cheese Carrots & peas Gravy & stuffing | Veg & lentil curry or veg sausage rolls(V) Fluffy white rice Sweetcorn & carrots Cucumber salad Naan bread | Cheese & onion pie (V) Chips Beans/peas Coleslaw Bread |
| 30:04:18 | Peas/carrots Cucumber salad French applet tart & custard | Mini jacket potatoes Green beans & baby corn Red coleslaw | Tropical sponge pudding Fresh fruit/ Yoghurt Jelly | Strawberry milkshake cupcakes Jelly/Yoghurt/Fresh Fruit Yoghurt Fresh fruit | White chocolate & raspberry muffins Fruit mousse Jelly/ Fresh fruit/Yoghurt Fresh fruit |
| 21:05:18 | | | | | |
| 18:06:18 | | | | | |
| 09:07:18 | | | | | |

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