

# ST. IVES INFANT SCHOOL MENU – AUTUMN TERM 2019

V=Vegetarian. Water provided. All meals served with fresh bread and salad. Meat & veg from local suppliers. Main dishes and puddings are homemade. Any bought in food is very high in meat or fish content eg fish fingers. We do not use salt in our cooking and only use cocoa, not chocolate. Meals may be subject to change at times due to availability and special offers.

Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02/09/19	<b><u>Pasta Day</u></b> Pasta bolognese (V)	<b><u>Children's favourites</u></b> 100% Turkey burger in a bap	<b><u>Roast Day</u></b> Roast beef & Yorkshire pudding	<b><u>Give it a Go Day</u></b> All day breakfast	<b><u>Chip Day</u></b> Fish in batter
23/09/19	Mac & two cheeses (V)	Beetroot & Feta burger (V)	Quorn sausages(V) Gravy	Vegi breakfast (V)	Cheese & quorn quiche (V)
14/10/19	Bread sticks	Potato wedges		Bread	Chips
11/11/19	Tomato salad	Ketchup	Crispy roast potatoes		Peas & coleslaw
	Mixed veg	Peas & carrots	Carrots & cabbage		Bread
02/12/19	Chocolate cup cakes	Mixed salad		Oat & sultana cookies	
	Fresh fruit	Vanilla slices	Autumn fruit crumble & custard	Jelly	Ice-cream
	Yoghurt	Fresh fruit	Fresh fruit	Yoghurt	Yoghurt
	Jelly	Yoghurt	Yoghurt/Jelly	Fresh fruit	Fresh fruit
		Jelly			Jelly
09/09/19	Italian meatballs	Pork sausages in rolls	Roast turkey	Margarita pizza	Cod fish fingers
30/09/19	Vegi pasta bake (V)	Quorn sausages(V)	Quorn slices (V)	Mexican wraps (V)	Vegi nuggets (V)
28/10/19	Garlic bread slices	New potatoes	Crispy roast potatoes	Rice & corn	Chips
	Pasta shells	Broccoli & carrots	Swede & carrots	Mixed Veg	Peas/Beans
18/11/19	Broccoli & corn mixed salad	Tomato salad	Cauliflower bake	Tomato salad	Coleslaw
			Gravy & stuffing		Bread
09/12/19	Berry slices	Ginger biscuits	Treacle pudding & custard	Fruity flapjack	Tropical cupcakes
	Fruit	Jelly	Fresh fruit	Jelly	Jelly/Fresh fruit
	Yoghurt	Fresh fruit	Yoghurt	Fresh fruit	Ice-cream
	Jelly	Yoghurt	Jelly	Yoghurt	Yoghurt
16/09/19	Lean beef lasagne	Country kitchen stew	Roast pork	Creamy chicken korma	Cod shapes
07/10/19	Quorn lasagne (V)	Veg & lentil stew (V)	Quorn sausages (V)	Quorn korma (V)	Vegi wraps (V)
04/11/19	Garlic bread	Creamy mash	Stuffing & roast potatoes	Fluffy rice	Chips
	Carrots & cabbage	Cabbage & green beans	Roast parsnips	Green beans & carrots	Beans/peas
25/11/19	Cucumber slices	Salad & bread	Broccoli & roast roots	Naan bread	Coleslaw
			Gravy	Green salad	Bread
16/12/19	Lemon lush cake	Apple pie & cream	Bakewell tart	Chocolate brownies	Lemon cookies
	Fresh fruit	Fresh fruit/Jelly/Yoghurt	Fresh fruit/ Yoghurt	Jelly/Yoghurt/Fresh Fruit	Jelly/ Fresh fruit/Yoghurt
	Jelly/Yoghurt		Jelly		

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