ST. IVES INFANT SCHOOL MENU – AUTUMN TERM 2020



V=Vegetarian. Water provided. All meals served with fresh bread and salad. Meat & veg from local suppliers. Main dishes and puddings are homemade. Any bought in food is very high in meat or fish content eg fish fingers. We do not use salt in our cooking and only use cocoa, not chocolate. Meals may be subject to change at times due to availability and special offers.

Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
07/09/2020	Pasta Day/Meat Free	Children's favourites	Roast Day	Give it a Go Day	Chip Day
	5 a day bolognese (V)	Healthy 'hot dogs' in rolls	Roast chicken	Cottage Pie	Cod in batter
28/09/2020					
	Pasta shapes (V)	Vegi 'hot dogs' (V)	Quorn dippers (V)	Cottage Pie	Vegi nuggets
19/10/2020	Grated cheese	Potato wedges	Gravy	(V)	(V)
	Mixed veg	Sweetcorn	Crispy roast potatoes	Carrots & peas	Chips
16/11/2020	Cucumber salad	Carrots	Cauliflower, carrot & swede & stuffing	Tomato & cucumber	Peas/beans & coleslaw
,,	Garlic bread	Tomato salad	Bread	Crusty bread	Bread
07/12/2020	darne bread	Tomato salad	Bread	Crusty bread	Bread
07/12/2020	Blueberry muffins	Caramel shortbread	Autumn fruit crumble	Cherry bakewell	lce-cream
	Fresh fruit	Fresh fruit	Fresh fruit	, Jelly	Yoghurt
	Yoghurt	Yoghurt	Yoghurt/Jelly	Yoghurt	Fresh fruit
	Jelly	Jelly		Fresh fruit	Jelly
14/09/2020	Macaroni cheese (V)	100% beef burgers in baps	Roast gammon	Creamy chicken korma	Fish fingers
	Basil & tomato pasta (V)	Vagi hurgara (V)	\/agi sausagas (\/)	Vegi korma (V)	Vegi fingers (V)
05/10/2020	Basii & torriato pasta (V)	Vegi burgers (V)	Vegi sausages (V)	vegi korma (v)	vegringers (v)
	Broccoli & carrots	New potatoes	Crispy roast potatoes	Fluffy white rice	Chips
02/11/2020	Mixed salad	Peas & carrots	Yorkshire pudding	Naan bread	Peas/Beans
	Garlic Bread	Coleslaw	Cabbage & swede	Broccoli & sweetcorn	Salad
23/11/2020			Gravy	Cucumber salad	Bread
	Lemon drizzle cake		Bread		
14/12/2020	Fruit	Berry tray bake		Banana butterscotch cake	Fruity flapjacks
	Yoghurt	Jelly	Chocolate pudding	Jelly	Jelly/Fresh fruit
	Jelly	Fresh fruit	Fresh fruit	Fresh fruit	Ice-cream
		Yoghurt	Yoghurt	Yoghurt	Yoghurt
			Jelly		
21/09/2020	Tuna pasta bake	Margherita pizza (V)	Roast pork	All day breakfast	Cod shapes
	Med veg & mozzarella Bake (V)	Margherita pizza (V)	Quorn slices (V)	Vegi breakfast (V)	Cheese & onion guiche (V)
12/10/2020	Wied veg a mozzarena bake (v)	Warghenta pizza (V)	Quotifi sinces (V)	vegi bi cultiuse (v)	cheese a officin quiene (v)
00/44/2022	Garlic bread	Mixed veg	Crispy roast potatoes	Bacon, sausage, scrambled eggs,	Chips
09/11/2020	Broccoli & carrots	Green salad	Cabbage & roast root veg	beans, tomatoes, hash browns, Bread	Peas
/ /	Mixed salad		Stuffing & gravy		Coleslaw
30/11/2020			Bread	Chocolate cup cookies	Bread & ketcup
	Raisin oat cookies			Jelly/Yoghurt/Fresh Fruit	
	Fresh fruit	Chocolate brownies	Creamy rice pudding & fruit compote		Carrot cake
	Jelly/Yoghurt	Fresh fruit	Fresh fruit/ Yoghurt		Jelly/ Fresh fruit/Yoghurt
		Jelly/Yoghurt	Jelly		