### **Science**

- Healthy Living
- Exercise
- Sleep
- Food
- Hygiene

#### **Swimming Lessons**

The swimming lessons will start on 17th of September and last for ten weeks. Each child will need:

- A swim suit
- A swimming hat if they have long hair
- Swimming goggles
- A towel (show them the towel so they know what colour it is)

All to be brought to school on Tuesday morning in a labelled bag.

Sandpipers: 2.00—2.30 Cormorants: 2.30—3.00

As Cormorant Class are not getting out of the pool until 3.00 please bear with us if the children are a few minutes late getting back to school. As they get used to the routine they will speed up and we hope to return to school by 3.15.

Thank you for your support and working in partnership with us.

**Year Two Team** 

#### **Topic Activities**

- Eating healthily
- Discussing different food groups
- Making a healthy snack
- Understanding the value of exercise
- Learning about the importance of hygiene
- Having a positive attitude





# **Key Vocabulary**

- Bodies
- Exercise
- Heart
- Fruit and vegetables
- Fish and meat
- Eggs, milk and cheese

## **Homework Project**

**Healthy Snacks** 

We would like the children with parents support to make a healthy snack at home. When you have made it please take a photograph of it or bring the snack to school for show and tell.

#### Other Activities to do at Home

- Read your reading book and ask lots of questions on the text.
- Practise your spellings.
- Write at home. Remember that every sentence starts with a capital letter and ends with a full stop, question mark or exclamation mark.
- Read topic books to find out more information.
- If you are involved with any sporting activity come and share it with other children.
- Learn to count to 100.
- Learn to read and write numbers to 100.

# <u>PSHE - Personal, Social and Health</u> Education

- Rules for the class agreed by the children
- Rules for speaking and listening
- Friendship
- Sharing and taking turns
- Growth mind-set



#### RE

In RE the children will be thinking about books that are special to them. The children will be exploring why certain books are special to Christians and Hindus.

#### **Book Bags**

We would like all the children to have a blue book bag and get into the habit of bringing it to school everyday. In this bag we will give children:

- A home/school reading diary
- A reading book
- A green home spellings book
- On Friday the spelling test book

Thank you for your support.

#### Literacy

#### In Literacy we will be:

- Learning the story 'Mr Wolf's Pancakes'.
- Sequence and retell the story through role play
- Writing our own versions of the story.
- Writing clear sentences.
- Focusing on using capital letters and full stops.
- Working on phonics and spellings on an ongoing weekly basis.
- Learning grammar— different sentence types and their basic punctuation.
- Beginning to develop comprehension skills in reading.

#### **Mathematics**

#### In maths we will be:

- Reading and writing numbers to 100
- Ordering numbers
- Missing numbers on a number line
- Missing numbers in a hundred square
- Counting in ones to 100
- Partitioning numbers
   (e.g. 32 is 3 tens and 2 ones or 30+2)
- Showing one more and one less
- Showing ten more and ten less
- Adding a single digit to 2 digit number
- Subtracting a single digit from a 2 digit number
- Beginning to use simple written methods to show calculations



# Setting Sails Curriculum

# Healthy Living

Sandpiper and Cormorant
Autumn 2019 1st Half

# **Key Topic Questions**

What do we understand by healthy living?

What are the different food groups?

Why do we need to exercise?

How can we stay active?

Why is sleep important for us?

What happens if we do not get enough sleep?