

ST. IVES INFANT SCHOOL MENU – SPRING TERM 2019

V=Vegetarian. Water provided. All meals served with fresh bread and salad. Meat & veg from local suppliers. Main dishes and puddings are homemade. Any bought in food is very high in meat or fish content eg fish fingers. We do not use salt in our cooking and only use cocoa, not chocolate. Meals may be subject to change at times due to availability and special offers.

Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
07/01/19	<u>Pasta Day</u> 5 a day Bolognese (V)	<u>Children's favourites</u> 'Healthy' hot dogs (Etherington's sausages)	<u>Roast Day</u> Roast turkey	<u>'Around the World Day'</u> Creamy chicken korma	<u>Chip Day</u> Cod in batter
28/01/19	Pasta shells/ Jacket potatoes (V)	Vegi dogs (V)	Quorn slices(V) Gravy	Vegetable & chick pea curry (V)	Vegi sausage rolls (V)
25/02/19	Garlic bread slices Crisp green salad Mixed veg Grated cheese	Potato wedges Corn & broccoli Coleslaw	Crispy roast potatoes Stuffing balls Roast root veg	Fluffy white rice Naan bread Cucumber salad Broccoli & carrots	Chips Peas/ Beans Coleslaw
18/03/19	Chocolate cup cakes Fresh fruit Yoghurt Jelly	Lemon & blueberry slices Fresh fruit Yoghurt Jelly	Apple, pear & cinnamon crumble & custard Fresh fruit Yoghurt/Jelly	Frozen Eton mess Jelly Yoghurt Fresh fruit	Strawberry & white chocolate cupcakes Yoghurt Fresh fruit Jelly
14/01/19	Tuna pasta bake	100% beefburgers in baps	Roast gammon	Chicken, mushroom & pea risotto	Fish fingers
04/02/19	Med veg pasta	Vegi burgers in baps(V)	Quorn slices (V)	Veg risotto (V)	Cheese & onion pasties (V)
04/03/19	Garlic bread slices Spring greens & carrots Mixed salad	Baby new potatoes Broccoli & corn Red slaw	Crispy roast potatoes Cauliflower cheese bake Carrots & cabbage Gravy	Crusty bread sticks Mixed salad Broccoli & green beans	Chips Peas/Beans Coleslaw Bread
25/03/19	Banana muffins Fruit Yoghurt Jelly	Sultana oat cookies Jelly Fresh fruit Yoghurt	Sticky toffee pudding & cream Fresh fruit Yoghurt Jelly	Choc chip cookies Jelly Fresh fruit Yoghurt	Jelly/Fresh fruit Ice-cream Yoghurt
21/01/19	Pasta carbonara	Margherita pizza	Roast lamb & mint sauce	Chinese sticky pork	Cod shapes
11/02/19	Macaroni cheese (V) Tomato salad Carrots & corn Garlic bread	Quorn nuggets (V) New potatoes Green beans & carrots Cucumber salad Carrot cake Fresh fruit/Jelly/Yoghurt	Quorn sausages (V) Crispy roast potatoes Cauliflower & broccoli Carrot & swede mash Gravy Steamed jam pudding & custard Fresh fruit/ Yoghurt	Sweet & sour vegetables with noodles (V) Cucumber & beansprout salad Sweetcorn & broccoli Brown rolls Vanilla sponge Jelly/Yoghurt/Fresh Fruit	Quorn dippers (V) Chips Beans/peas Coleslaw Bread Shortbread Jelly/ Fresh fruit/Yoghurt
11/03/19					
01/04/19					

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