

# Policy for The Administration of Medicines

#### INTRODUCTION

The term parent/s in this document applies to parents, carers, guardians and any person/body with legal responsibility for a child. The school will seek parents' written agreement about sharing information about their child's needs, where information needs to be shared outside the school, however in cases of confidentiality the Health & Safety of the child must take precedence.

The Policy needs to be understood and accepted by staff, parents, and children. The aim of the Policy is to enable regular attendance at school.

#### Sections

- 1. Managing medicines during the school day
- 2. Managing medicines on trips and outings
- 3. Roles and responsibilities of staff supervising the administration of medicines
- 4. Children's medical needs Parental responsibilities
- 5. Parents' written agreement
- 6. School policy Supporting children with complex or long-term health needs
- 7. Policy on children taking and carrying their own medicines
- 8. Advice and Guidance to staff
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- 10. Storing medicines
- 11. Emergency procedures
- 12. Risk assessment and arrangement procedures (care plans)
- 13. Appendices

#### 1. Managing medicines during the school day

Prescription medicines should only be taken during the school day when essential. They must be in the original container including prescriber's instructions.

Parents should be encouraged to look at dose frequencies and timing so that if possible medicines can be taken out of school hours. Parents can ask Doctors for timed-release medication for a minimum number of daily doses.

The National Service Framework encourages prescribers to explore medicines which:

- Need only be administered once a day, or
- Provide two prescriptions one for home use, one for school/setting use, so that the medicine can be kept in the original containers when the illness is long-term.

Medicines fall into two types:

#### a) Prescription

- Named member of staff may administer such a drug for whom it has been prescribed, according to the instructions
- If agreed with the parents the school may look after the drug on behalf of the child
- The school will keep the drug safely locked up with access only by named staff and record keeping for audit and safety
- Prescription drugs should be returned to the parents when no longer required
- Ritalin, a prescription drug known as a "controlled drug" needs to be kept in a more secure environment than suggested above e.g. in a cupboard attached to a structural wall.

#### b) Non-prescription

- Paracetamol can only be given to children when parents have given written permission.
- The school staff will never give aspirin or ibuprofen unless prescribed by a Doctor.
- Good practice would be for school admission forms to include permission for the administration of non prescription medicines (eg paracetamol)

#### 2. Managing medicines on trips and outings

Children with medical needs will be encouraged to take part in visits. The responsible member of staff will carry out a specific and additional risk assessment and a care plan will be drawn up considering parental and medical advice. This will allow reasonable adjustments to be made.

All staff will be briefed about any emergency procedures needed with reference to pupils where needs are known, and copies of care plans (where they exist) will be taken by the responsible person.

#### Home to school transport

If a pupil's care plan describes emergency procedures, which might occur, on the journey to and from school, then the escorts will be trained to carry out the duties and the care plan will be carried on the vehicle. Further advice is available through the Health Needs Education Service and school nurses.

#### PE/Sports

Any restriction to PE/sports activities must be noted in the care plan. Flexibility will be planned to allow pupils to benefit in ways appropriate to them (this constitutes differentiation of the curriculum).

## 3. Roles and responsibilities of staff managing or supervising the administration of medicines

The school acknowledges the common law 'duty of care' to act like any prudent parent. This extends to the administration of medicines and taking action in an emergency, according to the care plan.

Advice and guidance will be provided by the Schools Nursing Service, when needed, to carry out the actions in a care plan. Where a condition is potentially life-threatening all staff will need to be aware what action to take.

Specific advice and support from the Schools Nursing Service will be given to staff who agree to accept responsibility, as delegated by the Headteacher, for administering medicines and carrying out procedures.

When all planning to manage a condition has taken place our insurers will be contacted to check that their employees are covered.

In the event of legal action over an allegation of negligence the school rather than the employee is likely to be held responsible. All staff involved in the administration of medication must ensure that the correct procedures are followed and that an accurate record is maintained. Teachers and other staff are expected to use their best endeavour at all times particularly in emergencies. In general, the consequences of taking no action are likely to be more serious than those of trying to assist in an emergency.

The Headteacher is responsible for day-to-day decisions, such as:

- Ensuring staff receive advice, support and awareness raising training
- Ensuring all relevant information about pupil needs is shared
- Liaising with parents about agreement of care plans
- Ensuring that emergency plans are in place when conditions may be lifethreatening Ensuring staff are aware of their common law duty of care to act as a prudent parent.

Teaching staff and other staff should:

- Be aware of emergency plans where children have life-threatening conditions and
- Receive appropriate documented training and support from health professionals, where they are willing to administer medicines.

#### 4. Children's medical needs – parental responsibilities

The school will liaise closely with parents, carers or those who hold this responsibility (such as in the case of Looked after Children) so that information is shared and the care plan reflects all information.

The care plan will be agreed jointly by the school and parents, and agreed with the advice of health professionals.

The school will seek parents' written agreement about sharing information on their children's needs where information needs to be shared outside of school. However, in cases of emergency the health and safety needs of the child and the people affected must take precedence.

Parents should provide the school with information about their child's condition and be part of the health care plan arrangements, in all cases Parents know their child best. They should sign the appropriate agreement forms for the administration of medicines (see Appendix 1a). The Headteacher will seek their agreement before passing information to other school staff.

#### 5. Parents' written agreement

The attached form (Appendix 3) is to be completed and signed by the parents for the administration of the care plan and medicines to their child.

It is the responsibility of parents to ensure that medicines sent to school are 'in date'. All medicines should be collected by parents at the end of term. If new supplies are needed it is the responsibility of the parents to supply medication as needed.

#### 6. Supporting children with complex or long-term health needs

The school will aim to minimise any disruption to the child's education as far as possible, calling on the Health Needs Education Service for support and advice as needed, on the impact on learning and supportive strategies.

The school will carry out a risk assessment and a care plan, with the agreement of parents, and advice from health professionals (Appendix 2).

The school will call on the Community Nursing Service to deliver advice and support and receive appropriate documented training on procedures such as tube feeding or managing tracheotomies.

Where school staff carry out glucose monitoring, records will be kept with parents and specialist nurses advice

#### 7. Policy on children taking and carrying their own medicines

Children under Secondary School age must not carry their own medications.

When administered by staff, drugs will be kept in a locked secure place and only named staff will have access. When drugs are administered, the school will keep records.

Epipens need to be kept near the pupils who need them.

Where pupils have their insulin administered by staff then records will need to be kept.

Asthma medication to be kept in or near children's classrooms until children can use it independently. It must be taken on school trips (see Appendix 9a).

#### 8 Advice and Guidance to Staff

The school will arrange and facilitate staff training for children with complex health needs, calling on:

- The School Nursing Service
- Community Children's Nurses
- Paediatric Diabetes Nurse Specialists
- Paediatric Epilepsy Nurse Specialists
- Eleanor Nurses
- The Health Needs Education Service
- The Specialist Teaching Service (about potential impact of medical / physical conditions and the implications on teaching and learning)

#### 9. Record keeping

#### **Appendices**

- 1. Health Care / Emergency Plan
- 2. Risk assessment forms
- 3. Parental agreement for the administration of medicines
- 4. Headteacher agreement to administer medicines
- 5. Record of medicine administered
- 6. Record of advice and support to School
- 7. Authorisation for the administration of rectal diazepam
- 8. Buccal Midazolam or Insulin : Agreed individual care plan
- 9. Asthma Appendix sample letter to parents

NB All risk assessments and care plans must be updated at least annually or when needed by a change in a pupil's condition

#### 11. Storing medicines

The school will keep medicines in a locked secure place, (not asthma pumps or epipens) with access only by named staff. Where refrigeration is needed, consideration should be given to purchasing a 'medical fridge'.

#### **12. Emergency procedures**

The school will agree any procedures with parents and health care partners and the plan will be signed by all parties.

All staff will be made aware of the plans in order to discharge their common law 'duty of care' should the need arise.

#### 13. Risk assessment and arrangement procedures (Care Plans)

Where a pupil has a complex health need or requires long term medication, risk assessments and care plans will be drawn up and signed by parents, class teachers and health professionals as needed (Appendix 2 and 3).

#### **Related Documents**

This Policy is based upon:

- "Managing Medicines in Schools and Early Years Settings" by the Department of Health.
- "Including Me (Managing Complex Health Needs in Schools and Early Years Settings)" by Jeanne Carlin, published in 2005 by the Council for Disabled Children
- Mencap
- Royal College of Nursing
- Health and Safety Commission "Principles of Sensible Risk Management" 2006
- "Medical Conditions at School" Produced by the Anaphylaxis Campaign, Asthma UK, and Epilepsy Action "Medical Conditions Awareness Sessions" A school healthcare professionals resource. Produced by the Anaphylaxis Campaign, Asthma UK, Cystic Fibrosis Trust, Diabetes UK and Epilepsy Action



## Health Care/Emergency Plan

CONTACT DETAIL	S	5 9	
Child's Name:			
Home Address:			
Date of Birth:			
Next of Kin:			
Contact Numbers:	Home:	Mobile:	
GP Name and Addres	S:		
Contact Numbers:			
Hospital Contacts:			
Description of Med	lical Condition:		
Description of Sig	ns and Symptoms:		
Daily treatment/me	edication needs in school		
Describe what is a	n emergency for the pupil		

Describe actions should this emergency occur:

lf:	shows the following signs and symptoms
a)	
c)	
When this is an e	mergency then the following action should be taken:
For example:	
If a) and b)	Call an ambulance

Or c) Call parents / community nurse to assess

Then call community nurse

Then call parents

#### Who is responsible in an emergency at school (state if different off-site):

Plan copied to:	Parents Yes/No
·	Headteacher/class teacher Yes/No
	Community Nurse Yes/No
	Other specialist nurse Yes/No

#### Parent and School Agreement

To the best of our knowledge the above information is correct. The staff, in agreement, will do their

best to support and care for .....'s medical and emergency needs.

Parents signature:	Date:
School staff signature:	Date:
Head teacher's signature:	Date:
Nurse's signature:	Date:
(to confirm advice and training has been provided to school)	



#### **Risk Assessment Form**

#### **CONTACT DETAILS**

Name of person completing the form: \_\_\_\_\_

Date: \_\_\_\_\_

Child's Name: \_\_\_\_\_

Age: \_\_\_\_\_\_ Year Group: \_\_\_\_\_

Medical Condition:\_\_\_\_\_

List significant hazards	Who is at risk ?	Existing controls	List additional controls needed	Date of assessment	By Whom (e.g. Parent, School, Doctor



## Parental agreement for the administration of medicines

The school will not give your child medicine unless you complete and sign this form

Date:	Childs Nar	ne
Age	Yr Group & Class	DOB
Condition / Illness		
Name and Strength of	Medicine	
Where Medicine Kept	:	
Side Effects:		
Expiry date:		
How much (dose) to gi	ive:	Date of Provision
When to give it		
Number of tablets give	n to school	
		GINAL CONTAINER AS DISPENSED BY THE HOULD NOT SELF ADMINISTER
Daytime contact numb	er of parent or adult contac	t
Name and contact nun	nber of GP	
Agreed review date		
school staff, to administ	ster the medicine in accorda	accurate at time of writing and I give consent to the ance with the school policy. I will inform the school sage or frequency of the medication or if the
Parent/Guardian signa	.ture	
Print name		
Date		



### Headteacher agreement to administer medicine where a Risk Assessment or Health Care Plan are not needed (e.g. asthma)

It is agreed that		will receive
0		(Quantity and name of medicine)
Every day at		· · ·
		will be given their medicine or supervised in taking it by
	(Name of mem	ber of staff)
This arrangement wil	l continue until	
		(either end date or until instructed by parents)

Signed \_\_\_\_\_\_ (Headteacher / Head of setting / named member of staff)

Date: \_\_\_\_\_

PHOTOGRAPH OF CHILD

\_\_\_\_\_



### Record of medicines administered to an individual child

To ensure:

•

- The right medicine
- For • The right child At
- The right time
   At
- The right dose

Name of Child: \_\_\_\_\_

/

Class \_\_\_\_\_

Name and Strength of medicine	

Date Medicine provided by Parent	Quantity Received	
	-	

Dose and frequency of medicine \_\_\_\_\_

Staff Signature \_\_\_\_\_\_ Parent/Guardian Signature \_\_\_\_\_\_

Date		/ /	/ /
Time given			
Dose given			
Name of Staff Member			
Staff Initials			

Date	/ /	/ /	/ /
Time given			
Dose given			
Name of Staff Member			
Staff Initials			

Date	/ /	/ /	/ /
Time given			
Dose given			
Name of Staff Member			
Staff Initials			



## Record of advice, awareness raising, support and guidance to the school

(to be completed for each member of staff involved in a care plan)

Name of staff
Type of awareness raising received
Date of Session:
Training provided by:
Profession: Title:
I confirm that
Has received awareness training detailed above and is competent to carry out the appropriate procedures
I recommend that the training is updated(State frequency)
Signature of health professional
Date
I confirm that I have received the awareness raising as detailed above
Staff signature
Date



## Authorisation for the administration of Rectal Diazepam

Child's name
Date of birth
Home address
GP name and address
Hospital name and address
mg if:
He/she has a prolonged epileptic seizure lasting over minutes
OR
Serial seizures lasting over minutes
OR
If the seizure has not been resolved after minutes (please delete as appropriate)
Doctors signature
Parents signature
Date



#### **Buccal Midazolam**

Agreed Individual care plan to prevent status epilepticus Agreed between parent/carer and school

Child's name	
Date of birth	
Name of Parent / Carer	
Contact details (Home / Work) (mobile	e)
Alternate contact name(number)	_
Condition	
*Known allergies* Current medication	
For Seizure type:	
Buccal Midazolam, mg in: ml may be given by a trained individual if	
(Name)has either a seizure lasting longer than FIVE (5) minutes orhas one seizure after another without recovery in between lasting longer than FIVE (5 minutes orhas THREE (3) seizures) in HALF (1/2) an hour, (give at onset of 3rd seizure)	

This should result in the seizure stopping within TEN (10) minutes. If the seizure does not stop within TEN (10) minutes a second dose of Buccal Midazolam \_\_\_\_mg in \_\_\_\_ml may / may not be given. If the seizures do not stop after TEN (10) minutes of the first / second dose CALL AN AMBULANCE ON 999 and inform the operator that you have someone who may be in Status Epilepticus

An ambulance should also be called if:

- It is the child's first seizure
- The child has injured themselves badly
- They have breathing problems after a seizure

It is recommended that no more than 2 doses may be given in any 24 hour period. If more seizures occur within this 24 hour period then it would be wise to seek a medical opinion.

#### IF IT IS THE FIRST TIME THAT THIS CHILD IS HAVING THE MEDICINE AN AMBULANCE SHOULD BE CALLED, AFTER IT HAS BEEN GIVEN, IN CASE THERE ARE ANY UNEXPECTED REACTIONS TO IT

## Buccal Midazolam and the agreed individual care plan to prevent status epilepticus should be carried with the person at all times

The child's **main carer** is responsible for the safe storage of Buccal Midazolam ensuring that it is not out of date or gone off (turned milky) during storage.

Current expiry date is \_\_\_\_\_

Locations where this care plan may		
This agreed care plan is due to be re	eviewed in	
Signed	_date	Dr prescribing medication
Signed	_date	Parent / Carer
Signed	_ date	School

Date of first ever dose*	1	1	*

**Appendix 9** 



Dear

#### Asthma Pumps

Your child \_\_\_\_\_ has an asthma pump in school.

I am writing to inform you of the School's guidelines with regard to asthma pumps in school.

- 1. All asthma pumps will be kept in an asthma box, of which there is one in every classroom.
- 2. All asthma pumps will be named.
- 3. With the pump there will be written evidence of the frequency of usage necessary for each individual child. This is to ensure that if a child appears to need their pump rather too frequently, then the parent can be informed.
- 4. We strongly encourage independence so your child will not be restricted from using their pump during the course of the school day, but it is considered courteous to make the normal requests of the teacher first.
- 5. If the child needs their pump during breaktimes, a request to a member of staff must be made first before entering the building. If the child always needs their pump during lunchtime, then the child can give it to a Midday Supervisor for safekeeping. It will be the child's responsibility to ensure the Midday Supervisor is given it, to take back to class following lunch.

If you wish to see the School Medical Policy, please make a request to the school office.

Would you please sign and return the slip below indicating either your agreement or your wish not to keep the pump in the care of the teacher or other staff, thereby taking full responsibility yourself.

Yours sincerely

Headteacher

#### Form 9

#### Asthma Pumps

I agree and accept the above guidelines regarding asthma pumps in school

Signed \_\_\_\_\_ Parent/Guardian
Date \_\_\_\_\_ Child's name \_\_\_\_\_